



# COVID-19 Policies: What Residents Can Expect in a Long-Term Care Home

(As of October 14, 2022)



## All residents may\*...

- Spend time with visitors and caregivers without wearing masks in your room (if you are not sharing a room) or in a space designated by the home
- Enjoy the company of visitors, indoors or outdoors, consistent with your home's visitor and/or vaccination policies
- Participate in group social activities, including games, clubs and exercises
- Have meals in the dining room, including buffet and family-style meals
- Leave the home for all types of absences, including social day and overnight absences, and not have to test or quarantine upon return to the home\*\*

\*Unless otherwise directed by the local public health unit, during outbreaks in the home or when isolating

\*\*Unless you do not pass screening, such as having symptoms of COVID-19

## What measures are in place to safeguard long-term care homes?

- Everyone must screen for symptoms of or exposure to COVID-19\*
- Individuals visiting or working indoors must also be tested.
- All staff, students, support workers and volunteers are required to wear masks and applicable personal protective equipment when interacting with residents.
- All caregivers and general visitors are required to wear a mask when in common or shared spaces of the home, and are recommended to wear a mask in a resident's room.
- Infection prevention and control measures continue to be followed, including physical distancing, hand washing and enhanced cleaning.

\*Individual homes may have their own additional policies for screening and testing requirements

## What if the home is in outbreak?

### Residents can expect the following if the area of the home they live in is in outbreak\*:

- Group activities, dining and social gatherings may continue in non-outbreak areas if residents can follow public health measures.
- For outbreak areas of a home, residents will be cohorted in small groups for all essential activities. Group activities for cohorts may continue/resume if operationally feasible.
- Communal dining, non-essential activities and personal care services may be suspended or modified.
- Caregivers can still visit.

\*Unless otherwise directed by the local public health unit



# COVID-19 Safety Measures for Absences

(As of October 14, 2022)

## Whenever outside of the home, residents should do their best to:

- Wear a mask (as tolerated)
- Wash hands frequently
- Consider maintaining physical distancing and avoid large gatherings with crowding

### What happens when I return home?

#### When residents return from a day or overnight absence they will:

- Be screened for symptoms of or exposure to COVID-19
- Only need to test and isolate if they have symptoms of COVID-19

### What if I come into contact with someone with COVID-19?

#### Residents regardless of COVID-19 vaccination status:

- Monitor for symptoms, but no longer need to isolate unless they develop symptoms or their roommate has COVID-19
- For residents whose roommate has COVID-19, they must isolate until a negative result is obtained from the day five PCR test. Residents with symptoms or who test positive for COVID-19 must isolate for 10 days
- All residents are still permitted to see their caregivers while in isolation