

Health Unit Visitor Screening Tool

Complete these questions before entering a Health Unit service site.

1 Have you travelled outside of Canada in the last 14 days?

NO: Proceed to Question 2

YES: You may **NOT** enter the Health Unit office or service site.

2 In the last 14 days, have you been in *close contact with a positive COVID-19 case?

* A close contact is someone who was closer than 2 metres without PPE or living in the same home

NO: Proceed to Question 3

YES: You may **NOT** enter the Health Unit office or service site.

3 Do you have one or more of these symptoms?

- Fever (a temperature of 37.8 degrees Celsius/ 100 degrees Fahrenheit or higher)
- Chills
- Cough that's new or worsening (continuous, more than usual, not related to known causes or conditions, ex. COPD)
- Barking cough, making whistling noise when breathing (Croup, not related to other known causes or conditions)
- Shortness of breath (out of breath, unable to breathe deeply not related to other known causes or conditions, ex. asthma)
- Sore throat (not related other known causes or conditions, ex. Seasonal allergies, acid reflux)
- Difficulty swallowing (painful swallowing, not related to other known causes or conditions)
- Runny nose (not related to other known causes or conditions, ex. Seasonal allergies, being outside in cold weather)
- Stuffy or congested nose (not related to other known causes or conditions, ex. Seasonal allergies)
- Decrease or loss of taste or smell (not related to other known causes or conditions (for example, allergies, neurological disorders)
- Pink eye (Conjunctivitis, not related to other known causes or conditions, ex. reoccurring styes)
- Headache that's unusual or long lasting (not related to other known causes or condition, ex. tension-type headaches, chronic migraines)
- Digestive issues like nausea/vomiting, diarrhea, stomach pain (not related to other known causes or conditions, ex. irritable bowel syndrome, anxiety in children, menstrual cramps)
- Muscle aches that are unusual or long lasting (not related to other known causes or conditions (ex. sudden injury, fibromyalgia)
- Extreme tiredness that is unusual (fatigue, lack of energy, not related to other known causes or conditions (ex. depression, insomnia, thyroid dysfunction)
- Falling down often (in older people)

NO: You may enter the Health Unit office or service site.

YES: You may **NOT** enter the Health Unit or service site.

NOTE: If you answered YES to any of the questions in the screening tool, go to <https://covid-19.ontario.ca/self-assessment/> to complete the Ministry of Health's COVID-19 self-assessment and follow the directions provided.