

Needle Stick Injury First Aid

Follow these steps if you are injured by a needle:

- Allow the wound to bleed freely
- Clean the wound well with soap and water
- Disinfect the wound (e.g., with an alcohol swab)
- Cover with a sterile bandage
- Seek medical care as soon as possible



For more information,
call 1-800-660-5853
or visit www.healthunit.org

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Needle Safety



Safe Handling

and Proper Disposal

Practice Safe Disposal



All used needles and syringes should be placed into a sharps container. These containers are available at your local pharmacy.

Used needles can be dropped off at the following:

- Your local pharmacy
- A community needle drop box
- At the Health Unit through the Smart Works program

Needle Safety

- **Do not** pick up a needle with your hands.
- **Do not** put the cap back on a needle.
- **Do not** force used needles into a container.
- **Do not** fill a sharps container past the fill line (3/4 full).
- **Do not** put used needles in the garbage, recycling or on the ground.

Teach children if they find a needle:

- Do not touch it.
- Tell an adult right away.

Community needle drop boxes are located at the following locations:

Almonte:

Leeds, Grenville & Lanark District Health Unit, 79 Spring St.

Brockville:

Leeds, Grenville & Lanark District Health Unit, 458 Laurier Blvd.

Gananoque:

Leeds, Grenville & Lanark District Health Unit, 375 William St. S.

Smiths Falls:

Leeds, Grenville & Lanark District Health Unit, 25 Johnston St.

Smiths Falls:

Lower Reach Park



How to safely pick up a used needle:

1. If available, wear puncture proof gloves, if not, use thick work gloves.
2. Place a sharps container on a flat surface close to you. If you do not have sharps container, you should use a hard plastic or glass container with a lid that you can tightly close.
3. Using tongs or pliers, pick up the needle with the sharp end away from you.
4. Place the needle into the container with the tip going in first.
5. Close the lid to the container tightly.
6. Wash your hands.