

CLASS ORDER

Made pursuant to Section 22(5.0.1) of the Health Protection and Promotion Act, R.S.O. 1990, c.H.7, as amended

DATE: October 21, 2020

TO: All persons residing or present in the Counties of Leeds, Grenville and Lanark who:

- a) are a confirmed case or probable case of COVID-19;
- b) have new symptoms (even mild symptoms) or worsening symptoms of COVID-19, have been tested for COVID-19 and are awaiting the results of their test;
- c) otherwise have reasonable grounds to believe they have one or more symptoms of COVID-19;
- d) are a close contact* of a person identified in a) even if they do not themselves have any symptoms of COVID-19. (*"close contact " means a person caring for or living in the same household with someone who has COVID-19 or have otherwise been identified as a close contact by the Medical Officer of Health or Leeds, Grenville and Lanark District Health Unit staff acting under the direction of the Medical Officer of Health (Leeds, Grenville and Lanark District Health Unit); or
- e) are a parent of, or person with responsibilities of a parent for, a person under 16 years of age identified in a), b), or c) who resides or is present in the Counties of Leeds, Grenville and Lanark.

I, Paula J. Stewart, Medical Officer of Health for the Leeds, Grenville and Lanark District Health Unit, order you to take the following actions, effective 3 pm on October 20, 2020:

1. Isolate yourself, or your dependent in the case of a person under 16 years of age identified in a), b), c), d), or e) without delay in accordance with instructions provided by the Leeds, Grenville and Lanark District Health Unit. **This includes remaining in your home or isolation facility.**
2. Remain in self-isolation for the time directed by the Leeds, Grenville and Lanark District Health Unit. See Appendix A.

3. During the self-isolation period, conduct yourself in such a manner as not to expose another person to infection of COVID-19 by following infection control instructions given to you by Leeds, Grenville and Lanark District Health Unit staff. <https://healthunit.org/health-information/covid-19/contact-tracing/>
4. During self-isolation as described in 2. above, remain reachable by phone or by text within 24 hours for monitoring by public health staff.
5. Keep away from vulnerable persons including persons who have an underlying medical condition, compromised immune system from a medical condition or treatment, person 60 years of age or older, or person who is reliant upon a homeless shelter or other congregate living setting.
6. Inform the Leeds, Grenville and Lanark District Health Unit if you require any help or resources to properly self-isolate or while you are self-isolating such as food, water, accommodation, clothing, appropriate medical treatment and family or other religious arrangements. To do so, contact the Leeds, Grenville and Lanark District Health Unit at 613-345-5685 or 1-800-660-5853 ext. 2222.
7. Provide the Leeds, Grenville and Lanark District Health Unit with the names and contact information of close contacts during relevant dates immediately upon request.
8. Follow any further instructions provided by the Leeds, Grenville and Lanark District Health Unit pertaining to COVID-19 and the terms and conditions of this Order.
9. Seek prompt medical attention if your illness is worsening (e.g. difficulty breathing by calling 911) and mention your COVID-19 related diagnosis or symptoms.
10. The requirements of this Order are subject to necessary modifications for the following persons or class of persons:
 - a) a person or class of persons who, in the opinion of the Leeds, Grenville and Lanark District Health Unit is asymptomatic and provides an essential service, for the limited purpose of providing that essential service;
 - b) a person receiving essential medical services or treatments, whether or not related to COVID-19; or
 - c) where a person's isolation, in the opinion of the Leeds, Grenville and Lanark District Health Unit, would not be in the public interest.

THE REASONS for this ORDER are that:

1. COVID-19 is a disease of public health significance and has been designated as communicable under Ontario Regulation 135/18 as amended. COVID-19 has been declared a pandemic by the World Health Organization. The Province of Ontario has enacted emergency orders.

2. COVID-19 is present in Leeds, Grenville and Lanark and therefore poses a risk to the health of residents through community transmission. The COVID-19 virus is spread from an infected person to a close contact by direct contact or from respiratory secretions from the infected person.
3. to contain the spread of COVID-19, individuals who are infected with COVID-19, as well as their close contacts, are required to isolate themselves from other people until they are no longer infectious or potentially infectious. Isolation ensures that these people will not spread their infection to others.

I am of the opinion, on reasonable and probable grounds that:

1. a communicable disease exists or may exist or there is an immediate risk of an outbreak of a communicable disease in the health unit served by me;
2. the communicable disease presents a risk to the health of persons in the health unit served by me; and
3. the requirements specified in this Order are necessary in order to decrease or eliminate the risk to health presented by the communicable disease.

I am also of the opinion that the delivery of notice of this Order to each and every member of the class is likely to cause a delay that could significantly increase the risk to the health of any person residing in the health unit, so notice shall be provided through the public media and the internet via posting on the Leeds, Grenville and Lanark District Health Unit website: <https://healthunit.org/>

NOTICE

TAKE NOTICE THAT each member of the class is entitled to a hearing by the Health Services Appeal and Review Board if the member has delivered to me and to the Health Services Appeal and Review Board, 151 Bloor Street West, 9th Floor, Toronto, Ontario, M5S 1S4, notice in writing, requesting a hearing within 15 days after publication of this Order or otherwise in accordance with applicable law.

AND TAKE FURTHER NOTICE THAT although a hearing may be requested this Order takes effect when it is delivered to a member of the class or brought to the attention of a member of the class.

FAILURE to comply with this Order is an offence for which you may be liable, on conviction, to a fine of not more than \$5,000.00 for every day or part of each day on which the offence occurs or continues.

Original Signed by,

Paula J. Stewart, MD, FRCPC
Medical Officer of Health and Chief Executive Officer

This Order shall be posted on the Leeds, Grenville and Lanark District Health Unit website:

Inquiries about this Order should be directed to the Leeds, Grenville and Lanark District Health Unit at (613) 345-5685.

Appendix A: Self Isolation Requirements

All persons residing or present in the Counties of Leeds, Grenville and Lanark must meet the following self-isolation requirements.

- a) A person who is a confirmed case or probable case of COVID-19 must isolate for:
 - 10 days from symptom onset as long as on the 10th day, they have no fever and symptoms, have been improving for at least 24 hours, or 10 days from test date if no symptoms; or
 - 20 days from symptom onset if they have severe illness (i.e., requiring ICU level support) or are severely immune compromised as long as on the 20th day, there is no fever and symptoms have been improving for at least 24 hours, or 20 days from the test date if they have had no symptoms.
- b) A person has new symptoms (even mild symptoms) or worsening symptoms of COVID-19, has been tested for COVID-19 and is awaiting the results of the test must isolate:
 - until the test results are known. For a negative result isolate until they have no fever and symptoms have been improving for at least 24 hours. For a positive result, they are then subject to the Order as in a) a person with a confirmed case or probable case of COVID-19.
- c) A person that otherwise has reasonable grounds to believe that they now have symptoms (even mild symptoms) of COVID-19, or have had such symptoms within the past 10 days must isolate:
 - *If tested*, until they receive a negative test result, have no fever and symptoms have been improving for at least 24 hours. If they receive a positive result, they are then subject to the Order as a person described as a confirmed case or probable case of COVID-19.
 - *If not tested*:
 - for 10 days from symptom onset as long as on the 10th day, they have no fever and symptoms have been improving for at least 24 hours; or
 - for 20 days from symptom onset if they have or have had severe illness (i.e. requiring ICU level support) or if they are severely immune compromised as long as on the 20th day, they have no fever and symptoms have been improving for at least 24 hours.
- d) A person described as a close contact of a person who is a confirmed case or probable case of COVID-19 must remain in self-isolation:
 - for 14 days after the day on which they last had close contact with a person that is a confirmed case or probable case of COVID-19.
 - If they develop symptoms during this period and are tested then:
 - if tested with a negative result, they complete the 14 days of self-isolation.
 - If tested with a positive result, they are then subject to the Order as a confirmed case or probable case of COVID-19.