



# SAFE WORKPLACES

## **If You Are Sick**

- ✓ Do not enter your workplace
- ✓ Stay at home

## **Before Going To Work**

- ✓ Complete the Ontario Self-Assessment Tool (Ontario.ca) and follow the advice
- ✓ Follow your workplace screening policies
- ✓ Wash or sanitize your hands
- ✓ Bring only what you need into the building and make sure these items are clean

## **While At Work**

- ✓ Wash or sanitize your hands often
- ✓ Sneeze or cough into your sleeve
- ✓ Avoid touching your eyes, nose and mouth
- ✓ Stay 2 metres (6 feet) from others
- ✓ If physical distancing is difficult, wear a face covering/cloth mask to protect others
- ✓ Keep work surfaces clean and disinfected
- ✓ If you become sick while at work, self-isolate and notify your employer

**For more information, call 1-800-660-5853 or visit [www.healthunit.org](http://www.healthunit.org)**