



RNAO BPSO Champions Celebration

May 10, 2016 2pm – 4pm

Leeds, Grenville and Lanark District Health Unit

Brockville Office – 458 Laurier Blvd

- 1. Welcome 2:40pm**
 - Lucia Taggart, Public Health Nurse, Leeds, Grenville and Lanark District Health Unit
- 2. Remarks from the Board of Health**
 - Anne Warren, Chair, Board of Health
- 3. Remarks from the Medical Officer of Health**
 - Dr. Paula Stewart, Medical Officer of Health
- 4. Remarks from The Chief Nursing Officer**
 - Jane Hess, Director of Health Living and Development
- 5. Remarks from RNAO and Presentation of the RNAO President's Award for Leadership in Clinical Nursing Practice**
 - Katherine Wallace, RNAO

Best Practice Spotlight Organizations (BPSOs) are health-care and academic organizations selected by the Registered Nurses' Association of Ontario (RNAO) through a request for proposals process to implement and evaluate the RNAO's best practice guidelines.

First launched in 2003, the BPSO initiative is an off-shoot of the RNAO's Nursing Best Practice Guideline program which began in November 1999 and has since spread across Canada and to countries around the world. <http://rnao.ca/bpg/bpso>

"Our participation in the RNAO BPSO is a natural progression from our strategic plan, as it allows us to enhance the quality of nursing care our nurses can provide for our communities," says Lucia Taggart, Project Lead for the BPG. "It's not just about looking after those who are ill; it is about affecting and increasing the health potential of all of us. It's exciting to think that our communities will be benefiting from world class nursing care through the Best Practice Spotlight Organization program!" Taggart adds.

The six best practice guidelines highlighted today include:

1. Enhancing Healthy Adolescent Development
2. Working with Families to Promote Safe Sleep for Infants 0-12 Months of Age
3. Integrating Smoking Cessation into Daily Nursing Practice
4. Interventions for Postpartum Depression
5. Person- and Family-Centred Care
6. Woman Abuse: Screening, Identification and Initial Response

These are areas of focus that were already included in Health Unit operational plans, and using the resources provided through the program, allows for the systematic and deliberate nature of implementation, demonstrating our commitment to excellence by using evidence to support the design and delivery of programs. While the program is primarily aimed at nursing practice, the entire agency will benefit by ensuring continuous improvement in organizational performance, and by providing ongoing learning opportunities to realize the full potential of staff.

The RNAO President's Award for Leadership in Clinical Nursing Practice recognizes staff nurses who consistently demonstrate expertise and evidence-based practice in one or more areas of clinical practice. Our local winner, Public Health Nurse, Tanis Brown, demonstrates nursing leadership in her workplace and influences change for the betterment of patients, families and/or communities. With 15 years of nursing experience, Brown has come a long way in her career. In 2015, she helped to launch a tri-county community breastfeeding clinic in Brockville and Smiths Falls to meet new mothers' needs. She also updated the safe sleep health education reference guide at Leeds, Grenville and Lanark District Health Unit (LGLDHU), and helped to organize a comprehensive skin-to-skin media campaign in 2015. Although busy in her current position as public health nurse and child health team leader for LGLDHU, Brown still finds time to be a Triple P – Positive Parenting Program, created by the University of Queensland – facilitator and co-chair of the Baby-Friendly Initiative Ontario committee. For Brown, leadership means "leading by example." It also means encouraging others. "All nurses are leaders, and I'm honoured to be recognized as one of them," she says.

Over one million patients are affected by the RNAO's best practice guidelines annually. Research studies have proven that through the BPSO® initiative, health-care and academic organizations have made strides to positively influence the Ontario health care system.

http://rnao.ca/sites/rnao-ca/files/BPSO_Impact_Survey_-_Summary_of_Results_-_FINAL.pdf

For more information about the RNAO BPSO Project visit <http://www.healthunit.org/bps/> or call 1-800-660-5853.

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