



Older Adults of Leeds, Grenville and Lanark

A Review by Leeds, Grenville and Lanark District Health Unit



Older Adult Review Tool for Stakeholders who work with Older Adults

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Story of the development

- Work started in early 2019 where we began a review to determine what the health status is for our older adults, what is happening locally and beyond and what we and our partners can be doing to further improve and support the health and wellbeing of older adults in LGL



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How this review was conducted

- There are many pieces to the review. These include:
 1. Identify our guiding documents
 2. Pull together best practice documents and other similar reviews and reports
 3. Connect with other Health Units to explore what they do for this age group
 4. Connect with community stakeholders to find out what is already being done and the various lessons learned, gaps and opportunities they had to share
 5. Speak to local older adults to learn from them. (both groups and individuals)



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How this information could be used

- This report is extremely long and high literacy and is designed to be used by Health Unit staff and community stakeholders. It is not designed for distribution to the general public. We hope it will:
 - help with program development
 - assist with prioritization of work and programming
 - be a tool for writing reports, letters of support, proposals.
 - be used in part (e.g., by theme) or as a whole for an overall Age Friendly approach.



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Caveat

- Pandemic Interruption was at the very last stages of developing this review. We had to pause this work for 3 years but feel this information collected prior to 2020 is still valuable. We made minor updates but this information does not reflect the impact of the pandemic.



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Themes

- The Review is based on the themes of the WHO Global Age-Friendly Cities report. Some of these themes were adapted for ease of reporting and to highlight certain areas of importance. The themes of this report are:
 - Outdoor Spaces and Buildings
 - Transportation
 - Housing
 - Social Inclusion, Participation, and Respect
 - Civic Participation and Employment
 - Communication and Information
 - Community Support and Public Health Services
 - Vulnerability



How to Navigate it

The document is designed for you to move between the different themed sections as needed for your group or organization.

Table of Contents

Executive Summary	2
Introduction	3
Methodology.....	5
Public Health Environmental Scan	6
Literature Review.....	7
Local Surveys	7
Guidance Documents.....	8
Ontario Public Health Standards (OPHS).....	8
Leeds, Grenville & Lanark District Health Unit: Strategic Plan for Population Health 2019-2022	8
Local Community Profile.....	9
Population Characteristics.....	9
Age-Friendly Work in LGL.....	10
Age-Friendly Supporting Documents.....	10
Outdoor Spaces and Buildings.....	11
Transportation	16
Housing.....	21
Social Inclusion, Participation, and Respect	29
Civic Participation and Employment Opportunities.....	37
Communication and Information.....	42
Community Support and Public Health Services	46



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Lots of Links

- This resource has many links so is meant to be used electronically although a hard copy can still provide useful information.

MORE INFO



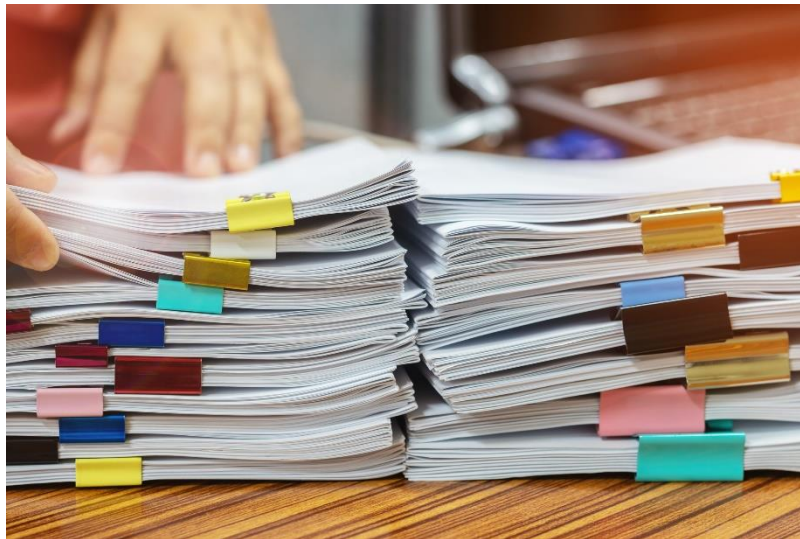
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References

- The list of references at-the end of the document may also provide additional links to dig deeper in to topics of interest.



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Where to find it

- It can be found [here on our website:](https://healthunit.org/for-professionals/municipal-staff-partners/)

The screenshot shows the website interface for the Leeds, Grenville & Lanark District Health Unit. The browser address bar displays the URL <https://healthunit.org/for-professionals/municipal-staff-partners/>. The website header includes navigation links: Accessibility, Partnerships, Media, Calendar, Contact Us, and social media icons for YouTube, Twitter, and Facebook. The main navigation menu features: About, Clinics & Classes, Health Information, and For Professionals (highlighted). The page title is 'Municipal Staff & Partners'. A search bar contains the text 'Let us help you find what you are looking for'. The breadcrumb trail reads: Home » For Professionals » Municipal Staff & Partners, with a 'Print this Page' button. The main content area is titled 'Older Adults in LGL Review' and contains the following text: 'The "Older Adults of Leeds, Grenville and Lanark" A Review by Leeds, Grenville and Lanark District Health Unit, is an assessment of the services and supportive factors available or needed for older adults in LGL that will help maintain the health of older adults and make our communities more age friendly. We have organized this information using the WHO Global Age-Friendly Cities report themes. This report is designed to be used as a tool to support the work of community stakeholders to: support program development'. A sidebar on the right lists several topics: Emergency Cooling Centres, Access to Healthy Food, Active Transportation, Alcohol, Cannabis & Drugs, Physical & Mental Well-Being, and Recreation.



Request

- We will be meeting with Stakeholders to share this and ask for feedback on how to assist them in accessing and using this document
- If you wish to receive a presentation or consultation for your staff, or a particular committee of council please let us know.



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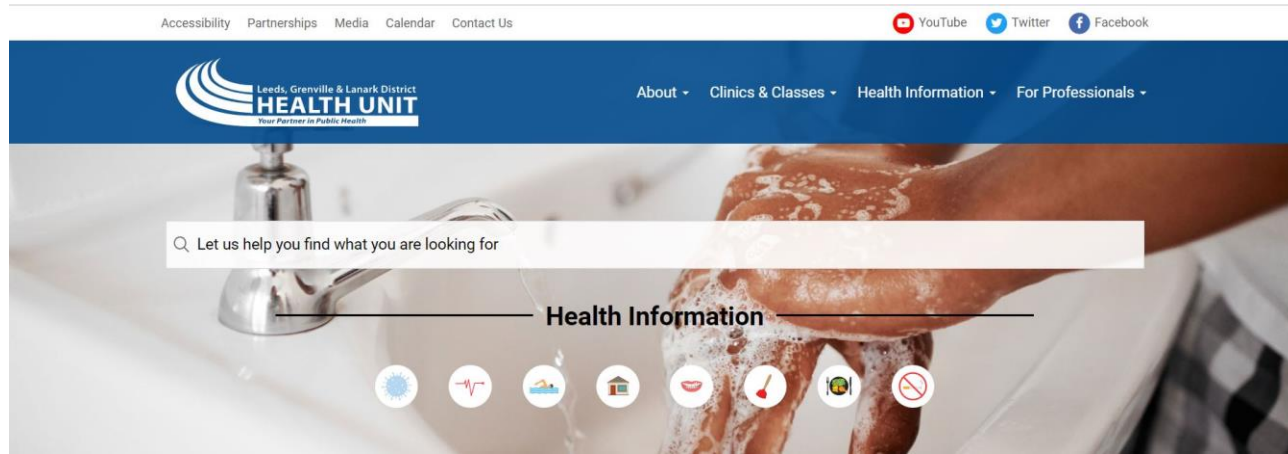
Questions?



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Contact Information



Visit our website:

www.healthunit.org

Call our Toll-Free Line at:

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