

Ministry of Health

Office of Chief Medical Officer of Health, Public

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Dear Colleagues,

We are writing to share information regarding revised gonorrhea treatment guidance. The Public Health Agency of Canada (PHAC) has revised guidelines for *Neisseria gonorrhoeae* (gonorrhea) infection treatment in the <u>Canadian Guidelines for Sexually Transmitted</u> <u>Infections</u>. There will no longer be Ontario-specific gonorrhea treatment guidance, and previous guidance will be removed from the Public Health Ontario website.

In the revised guidelines, the <u>preferred treatment recommendation</u> for uncomplicated gonococcal infection (i.e., urethral, endocervical, vaginal, rectal, and pharyngeal infections) is **ceftriaxone 500mg IM as a single dose**. Health care providers can consult the guidelines for alternative treatment options if required. For patients for whom chlamydia infection has not been ruled out with a negative test, concurrent treatment for chlamydia should also be offered as per PHAC's Chlamydia and LGV Guidance.

The guidelines recommend specimen collection for **culture** when feasible (to assess drug sensitivity) in addition to specimens for nucleic acid amplification testing (NAAT) (for greater sensitivity), especially in cases of suspected treatment failure (e.g., persistent/recurrent symptoms), infection acquired in areas with high rates of antimicrobial resistance, symptomatic patients, pelvic inflammatory disease (PID), pregnancy, sexual abuse/sexual assault, or an asymptomatic individual notified as a contact of a gonorrhea case.

The guidelines also recommend a **test of cure** for all positive sites in all cases. Recommendations for test of cure depend on timing after treatment completion and the patient's symptom status:

 If test of cure is done 3 to 21 days after treatment completion, culture is recommended regardless of the patient's symptom status

- If test of cure is done after 21 days from treatment completion and the patient is
 - o asymptomatic NAAT is recommended
 - o symptomatic both culture and NAAT are recommended

You can access additional information on gonorrhea testing and treatment through the <u>Canadian Guidelines for Sexually Transmitted Infections</u>, and on testing through <u>Public Health Ontario's laboratory</u>.

Thank you and wishing you all the best for 2025.

Sincerely,

Office of the Chief Medical Officer of Health

C:

Dr. Kieran Moore, Chief Medical Officer of Health and Assistant Deputy Minister, Ontario Ministry of Health

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