

*Residents
of retirement and long
term care homes
are vulnerable to
infection.*



**It's everyone's
responsibility to
F•O•C•U•S
on infection control.**

Leeds, Grenville & Lanark District Health Unit
Infectious Disease Program
Brockville: 613-345-5685
Smiths Falls: 613-283-2740



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**When visiting during an
Outbreak remember:
F•O•C•U•S**

Follow facility instructions
Facilities in outbreak will have certain requirements of visitors to help prevent the spread of infection. Some of the things you may be asked to do include checking in at the nurses' station or wearing a mask/PPE.

Only essential visitors
General visitors should postpone non-essential visits within an outbreak area.

Clean hands often
Use soap and water or alcohol-based hand sanitizer upon arrival; before leaving a resident's room; and when leaving the facility.

Uppdate immunizations
Getting immunized is the best way to protect yourself and others. Viruses can be spread to others before symptoms even start and those in long term care or retirement homes are more vulnerable.

Stay home if you are ill
If you feel unwell; stay home. Everyone is put at risk if you visit the facility when you are sick. Some of the symptoms to look out for include coughing, sneezing, fever, sore throat, nausea, vomiting, and diarrhea.