

# Hooray for Handwashing

**1** WET your hands   **2** SOAP your hands   **3** RUB your hands for 15-20 seconds



**4** RINSE your hands   **5** DRY your hands   **6** Use paper towels to **TURN OFF** tap



*Adapted with the permission of York Region Community and Health Services*

For more information, call the  
Health ACTION Line 1-800-660-5853  
or visit [www.healthunit.org](http://www.healthunit.org)

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