

# Grade 7 Vaccines



***Keep this information at home to review before your child's clinic day.  
Please only return the attached consent form.***

## **Men-C-ACYW-135 vaccine protects against meningococcal disease.**

Meningococcal disease is a bacterial infection that can cause meningitis (an infection of the brain), blood poisoning and infections in the lungs, joints, bones, heart and skin. The infection progresses quickly and can be fatal. Ten to 20 percent of survivors suffer some form of permanent disability such as hearing loss, neurological damage or limb loss. Meningococcal bacteria spread through contact with saliva and nasal mucus of an infected person through: kissing, sneezing, coughing, and sharing items used by mouth such as utensils, drinks, toothbrushes, and vapes/cigarettes.

### **Disease symptoms**

Sudden high fever, severe headache, vomiting, stiff neck, light sensitivity, sleepiness, confusion, and/or a red/purple rash.

## **HB vaccine protects against hepatitis B.**

Hepatitis B is a viral infection of the liver that is spread through contact with blood and bodily fluids of an infected individual. It causes serious short-term illness and can lead to long-term (chronic) infection causing scarring of the liver, liver cancer, and in some cases, death. To prevent infection, avoid sharing items such as toothbrushes, razors, and nail clippers; sexual contact with an infected person; non-sterile tools used in tattooing, body piercing and acupuncture; and dirty needles used for injecting drugs.

### **Disease symptoms**

Short-term symptoms include fever, fatigue, loss of appetite, nausea/vomiting, dark urine, pale stools, stomach pain, joint pain, and/or yellow skin/eyes (jaundice). People with a chronic infection may not have symptoms or know they are infected but can pass the disease to other people.

## **HPV-9 vaccine protects against human papillomavirus.**

Human papillomavirus is a highly contagious virus that spreads through skin-to-skin contact. It can cause cancer or genital warts in all genders. Vaccination before sexual activity is an effective way to prevent HPV-related cancers and diseases in the future. Visit [canadavshpv.ca](http://canadavshpv.ca) for more information.

### **Disease symptoms**

Most people with HPV do not have symptoms and spread the virus to others without knowing. HPV can cause head and neck, cervical, vulvar, vaginal, anal, penile cancers and genital warts.

## Vaccine side effects

- sore arm
- mild fever
- headache
- redness and/or swelling at the injection site

Fainting can occur after any immunization. More serious side effects or allergic reactions (e.g., hives, trouble breathing) are rare but can happen after any immunization.

See a health-care provider right away if a serious reaction occurs after an immunization.

## How can I prepare my child?



Talk to your child about the immunization.



Review helpful ways to deal with fear or anxiety (e.g., tell your nurse how you're feeling, look away from the needle, focus on breathing, distract with music or reading).



Make sure your child eats on clinic day.



Make sure your child wears a short-sleeved shirt on clinic day.

## What's next?

It's important to remember that your child will most likely need a Tdap booster in high school, 10 years after their previous dose. This vaccine protects against tetanus, diphtheria, and pertussis and is required for school attendance (or a valid exemption).

## South East Health Unit - LGL

Information about the Grade 7 immunization clinics and clinic dates.

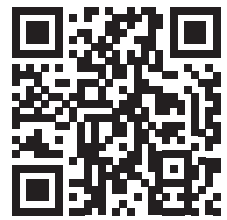
[healthunit.org/health-information/immunization/grade-7-immunizations/](https://healthunit.org/health-information/immunization/grade-7-immunizations/)



## CARD

(C - Comfort, A - Ask, R - Relax, D - Distract) is an evidence-based framework that teaches how to prepare for vaccination.

[immunize.ca/card](https://immunize.ca/card)



## Caring for Kids

Childhood vaccine information, vaccine safety, and myths and facts.

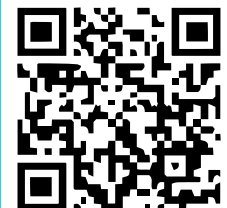
[caringforkids.cps.ca](https://caringforkids.cps.ca)



## Immunize Canada

Frequently asked questions and answers about immunization.

[immunize.ca](https://immunize.ca)



## A Parent's Guide to Vaccination

How vaccines work and what to expect at a vaccination appointment.

[canada.ca](https://canada.ca)

