



COVID-19

Anyone who is sick or has any symptoms of illness should stay home and complete the screening tool to determine next steps.

1. A) Do you or anyone in the household have 1 or more of these new or worsening symptoms, today, or in the last 5 or 10 days*?



Cough



**Fever or
chills**



**Loss of taste
or smell**



**Shortness of
breath**

B) Do you or anyone in the household have 2 or more of these new or worsening symptoms today, or in the last 5 or 10 days*?



**Runny or stuffy/
congested nose**



Extreme tiredness



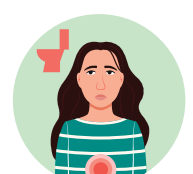
**Muscle aches/
joint pain**



Headache



Sore throat



**Nausea, vomiting
and/or diarrhea**

- If the symptom is from a known health condition that gives them the symptom, answer "No". If the symptom is new, different or getting worse, answer "Yes".
- If there is mild tiredness, sore muscles or joints within 48 hours after a COVID-19 vaccine, answer "No". If longer than 48 hours, answer "Yes."

2. Have you or anyone in the household had a positive COVID-19 test in the last 5 or 10 days*?

If the household contact of the individual who tested positive is 18+ and boosted, under 18 and fully vaccinated, or has had a COVID infection in last 90 days they do not need to isolate unless they have been told to isolate/quarantine, select "No".

Note: Asymptomatic individuals who are close contacts of a case or a symptomatic individual in the community are no longer required to isolate but must self-monitor for 10 days following last exposure. During this time, close contacts must wear a well-fitted mask in all public settings and avoid activities where they need to take off their mask (for example, dining out or playing high-contact sports).

**Use 5 days: If the person is fully vaccinated or 11 years or younger. Use 10 days: If they are 12 years or older and not fully vaccinated; or immune compromised.*

If you answered **YES** to any of the questions, **immediately complete the online screening tool to determine next steps.** <https://covid-19.ontario.ca/self-assessment/>



**For more information, call 1-800-660-5853
or visit www.healthunit.org**