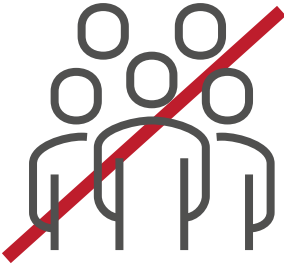


Protect Yourself & Those Around You

COVID-19



Avoid close contact with people - keep at least 6 ft away



Clean and disinfect frequently touched objects and surfaces



Avoid touching your eyes, nose & mouth unless you have just cleaned your hands



Wash your hands often and thoroughly with soap and warm water



Stay home from school or work when you are sick



Use alcohol based hand sanitizer with at least 60% alcohol



Cover your cough or sneeze



No need to wear a mask if you are well & not caring for someone who has COVID-19

For more information about reducing the spread of germs:
Visit healthunit.org or call 1-800-660-5853 x 2499