



# 2018 in Review and 2019 Priorities

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Leeds, Grenville & Lanark District

**HEALTH UNIT**

*Your Partner in Public Health*

# 2018 in Review



**RETHINK YOUR DRINKING.ca**

**HEALTH UNIT**

Celebrating this holiday season? Be aware that when it comes to alcohol, size matters.

Together we can make a difference

**HEALTHY KIDS**  
COMMUNITY CHALLENGE  
LEEDS AND GRENVILLE

For more information, visit [www.healthykids.ca](http://www.healthykids.ca) or call 1-800-660-5853



**Have you booked an Enhanced Well Baby Visit for your 18-month old?**

18 months is an important time in your child's development and that means it's also an important time to visit your health care provider. Ontario's Enhanced 18-Month Well-Baby Visit is an opportunity to discuss your child's growth and development and ask any questions you may have regarding healthy child development, parenting, and community resources.

Call 1-800-660-5853  
[www.healthunit.org](http://www.healthunit.org)  
[www.18monthscreen.ca](http://www.18monthscreen.ca)

**LYME DISEASE AWARENESS: Know the Bug, Know the bite, Know what to do**

**Look For Ticks** **Check Your Ticks** **Know The Symptoms**

"NOT ALL TICKS CARRY THE LYME DISEASE BACTERIA"

Check with your health care provider

[www.healthunit.org](http://www.healthunit.org)  
Health ACTION Line  
1-800-660-5853

**INSIGHT**  
Food Inspection Reports for Leeds, Grenville & Lanark

1-800-480-4800  
[insight.ca](http://insight.ca)  
@InsightNLCL

**Triple P**  
for every parent

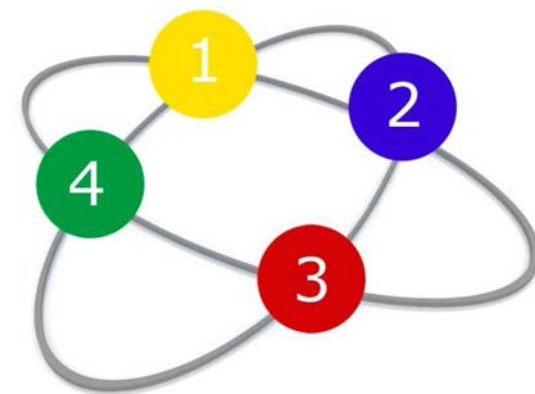
**Real Solutions, for Real Parents**

Parenting doesn't come with an instruction manual! Sometimes bringing up kids can be a struggle.

To access Triple P parenting support or sign up for parenting info sessions: call 1-800-660-5853 or visit [TripleP-parenting.net](http://TripleP-parenting.net)

# Health Goals

1. Healthy Baby/Infant/Youth Growth & Development
2. Healthy Living
3. Health Equity
4. Healthy Environments



# Community Health Protection Program Highlights

## Food Safety

- Public web access to food premises inspections via LGLDHU website # of hits 7805 (now all inspected premises are disclosed on the Website)
- 771 food handlers certified after training and increase of 60%
- 3056 website hits specific to food handler training – as of 2018 is mandatory at each food premises to have certified food handler
- 2480 food premises inspections completed
- Distributed disclosure signs to the majority of food premises

# Community Health Protection Program Highlights

## Safe Water

- Facilitated private water system samples tested through Public Health Labs from 8 locations (last year 9,876); 6358 website hits regarding drinking water
- Responded to 134 adverse water reports
- Inspected 200 recreational water facilities (pools, spas, etc.)
- 23 Beaches - water sampled throughout the swimming season and posted for public access – 9744 website hits regarding recreational water
- 90 SDWS Assessments completed



# Community Health Protection Program Highlights

## Emergency Management

- Attended: a number of county wide table top exercises/educational sessions representing the HU response to general emergencies or public health emergencies
- Trained HU staff on new/revised LGLDHU Emergency Response Plan at department meetings
- 525 website hits regarding emergency preparedness

## General Enforcement Activities

- 16 Orders given
- 3 tickets issued



# Community Health Protection Program Highlights

## Healthy Menu Choices Act

- Healthy Menu Choices Act, follow up inspections completed in 2018

## Healthy Environments

- Successful cross department integration re: Health Environments Protocol – 3 Official Plans reviewed with positive feed back; 50 Requests for comment from municipalities completed
- Responded to 5 new environmental contamination incidents; a number of long term issues remaining (chemical contaminants adversely affecting well water, air and soil)
- Responded to 8 Blue Green Algae incidents
- 2476 website hits regarding home health and safety

## Duty Desk

- Public Health Inspectors answered /responded to 1882 calls
- Land Control – 1080 sewage and other permit related activities, 205 file searches; 31 sewage related complaints followed up. Annual report/informational dashboards provided to all partner municipalities; new fee schedule to be initiated July 1, 2019

## Vector-borne Disease

- 114 ticks collected during tick dragging (active surveillance)

# Community Health Protection Program Highlights

## Rabies

- Follow up 479 biting incidents – up 34% from last year
- 49 clients provided with Post Exposure Prophylaxis (PEP)
- 35 animals sent for test (1 positive bat)
- Low cost immunization clinics 1399 dogs, 642 cats, total of 2014 animals vaccinated against rabies
- 675 hits on the website for general rabies information
- 3082 website hits regarding low cost immunization clinics





# Community Health Protection Program Highlights

## Infectious and Communicable Disease

- Investigated 1070 reportable diseases
- IPAC Lapse Task Force: OPHS and protocols were reviewed, logic model, work plan, work instructions and resources for clinical and personal service settings were developed.
- 4 IPAC lapse investigations (2 in clinical office settings and 2 in personal service settings, totalling 56 hours)
- 45 respiratory outbreaks
- 12 enteric outbreaks
- 2 complaint investigations



# Community Health Protection Program Highlights

## Sexual Health

- Clinics are provided in Almonte, Brockville, Carleton Place, Gananoque and Kemptville, Perth and Smiths Falls
- 3,343 client visits to our sexual health clinics with 913 new clients
- 358 reportable sexually transmitted infections investigated
- Collaborated with community health care providers to ensure that clients had access to timely and appropriate publicly funded gonorrhoea treatment. Outreach and gonorrhoea treatment dispensed to 7 family health centres across the Lanark, Leeds-Grenville area
- 32 presentations to priority populations around sexual health services including clinic tours, virtual tours and Q&A sessions



# Community Health Protection Program Highlights

## Smart Works

- Needles out: 206, 050 (Jan – Nov)
- Safe inhalation: 17, 041 (Jan – Nov)
- Biohazard Containers: 1,295
- Condoms: 4500
- Naloxone Kits Dispensed: 737
- Outreach Services
  - People reached: 162
  - Immunizations given: 451



# Healthy Living and Development Program Highlights

## Community

- Work on Active Transportation-Funding from Ont. Municipal Commuter Cycling Program; support Eastern Ontario Active Transportation Summit
- foodcore LGL – toolkits to support Food Charter implementation
- Food Insecurity – key message “food insecurity is an income based issue”
- Healthy Kids Community Challenge- Theme 4 - Choose to Boost Veggies and Fruit and Power Off and Play
- Rural Recreation Association- hosted 2 recreation summits
- Support for Healthy Schools and School Travel Planning
- Fentanyl Response information for schools and community



# Healthy Living Program Highlights

## Community:

- Smoke Free Ontario Act inspections: 98.5% compliance for tobacco (2nd round); 88.2% for ECA
- Approximately 1700 inspections with 41 charges and 141 warnings issued
- Smoking Cessation - ~ 1200 clients screened, 193 Priority Pop. Clients referred; 179 STOP clients seen
- 153 students and 11 high school staff from across LGL engaged in 10 interactive training sessions on tobacco and vaping. Information will be shared using a peer to peer model.

# Healthy Living and Development Program Highlights

## Healthy Growth & Development

- >1500 HBHC Home Visits
- Roots of Empathy Programs offered in over 40 schools
- Triple P training provided for supporting parents of teens and expansion planning to support families experiencing separation and divorce
- Breastfeeding clinics expanded from 7/week in 4 communities to 8/week in 6 communities
- Procurement of updated online and in person prenatal series



# Healthy Living and Development Program Highlights

## Healthy Growth & Development

- Documents submitted to Baby Friendly Initiative (BFI) Assessor in preparation for 2019 site visit
- Completion of BPSO Project for Safe Infant Sleep with new harm reduction messaging that is being adopted elsewhere in the province with much interest
- 775 children seen and 409 new referrals with the Preschool Speech and Language Program. New service model for JK children.
- 4,375 children with dental screening, 2746 fluoride varnish applications to children (schools, community)



# RNAO Best Practice Spotlight Organization

- Received BPSO designation at the RNAO AGM April 2018
- Current work on 5 BPGs
  - Person-and Family-Centered Care
  - Integrating Tobacco Interventions into Daily Practice
  - Working with Families to Promote Safe Sleep for Infants 0-12 Months of Age
  - Enhancing Healthy Adolescent Development
  - Assessment and Interventions for Perinatal Depression





# RNAO Best Practice Spotlight Organization



**LGL Health Unit** @LGLHealthUnit · Dec 7

LGLDHU Board of Health celebrated our designation as a RNAO Best Practice Spotlight Organization, only the fifth public health unit in Ontario. #RNAOBPSO #BPSOLGL #publichealth [bit.ly/LGLDHUBPSO](https://bit.ly/LGLDHUBPSO)



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# Internal Strategic Direction



*Adapted from Excellence Canada*



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# Quality, Corporate, and Information Services Highlights

## Quality Services

- Excellence Canada membership; Root Cause Analysis training conducted with management and staff
- Poster presentation was given at the Association of Public Health Epidemiologists of Ontario about “Spatio-Temporal Description of Lyme Disease Incidence in an Eastern Ontario PHU.”
- Panel presentation at The Ontario Public Health Conference (TOPHC) on priority-setting on public health using the Results-Based Accountability model
- Monthly media campaign on the Social Determinants of Health
- Participation in the calculation of the local living wage and support for the Health Unit becoming a living wage employer



# Quality, Corporate, and Information Services Highlights

## Human Resources:

- 35 job postings – 19 in CUPE and 15 in ONA and 11 new hires; 2 students
- 8 Retirements and 3 employee exits;

## Property:

- AODA compliance upgrades to Brockville and Smiths Falls parking and installation of access button in Brockville lobby
- Improvement to housekeeping practices and clinic spaces in all offices to meet Infection Control standards
- Waste reduction initiative launched in Brockville office

## Finance:

- Changes to the general ledger to align with MOHLTC changes to financial reporting requirements
- Lead agency for Preschool Speech funding from MCYS – subcontracting with BGH, Perth & Smith Falls Hospital & Lanark Community Programs



# Quality, Corporate, and Information Services Highlights

## Information Technology:

- Continued implementation of File Hold document management software and virtual server and desktop roll-out
- Third party security audit conducted on IT environment and system improvements made based on recommendations

## Communications:

- Social media strategy completed; 2031 Facebook likes (up 602) and 468 Twitter followers (up 139)
- 190,700 unique website hits and 543 webmail inquiries
- \$48,390 spent on advertising, for value of \$106,200 (297 ads)
- 11 Videos developed and 6 photography requests
- 207 graphic design requests (i.e. posters, banners, pamphlets, infocards, stickers, magnets, newsletters)
- 506 print requests and 251 pamphlet requests

# Organizational Highlights

- New organizational structure based on Ontario Public Health Standards
- Developed and implemented an Annual Service Plan based on new Ontario Public Health Standards
- Health Unit wide risks and mitigating plans implemented
- Participated in PHO Locally Driven Collaborative project on Quality Improvement in Public Health
- Working on LGBTQ Positive Space initiative for staff and clients
- Developed Public Health Practice Committee to support excellence in practice (requirement of OPHS)
- Completed 2019-2022 Strategic Plans for Population Health and Organizational Excellence



# LOOKING AHEAD 2019



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# 2019 Priorities

- Share 2019-2022 the LGLDHU Strategic Plan
- Electronic clinical record system being developed with File Hold platform
- Develop LGL Seniors Dental Health Community Plan
- Support municipalities with cannabis related bylaws
- Support Champlain and SE LHIN sub region work
- Support development of the Community Safety and Well-being Plan for Leeds and Grenville, Brockville, Gananoque and Prescott





# 2019 Priorities

- Support development of the Child and Youth Mental Health and Addictions Health Hub for North Grenville
- RNAO Best Practice Spotlight Organization
- Plan for Sustainability of BPSO designation
- Current work on BPGs continues or moved to appropriate Program Team
- 2 New BPGs in progress to ensure evidence based practice-
  - Embracing Cultural Diversity in Health Care: Developing Cultural Competence
  - Adopting eHealth Solutions: Implementation Strategies



# 2019 Priorities

- Developing climate change mitigation plans
- Develop radon community plan
- Facilitate LGL opioid response
- Crystal Methamphetamine awareness and knowledge building
- Implementing the Ontario Harm Reduction database
- Normalizing regulatory changes to the Health Protection and Promotion Act and the regulations: Public Pools, Food Premises, Personal Service Settings



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