

LGLDHU Indigenous Population Health Profile: Demographics, Healthy Living and Chronic Diseases

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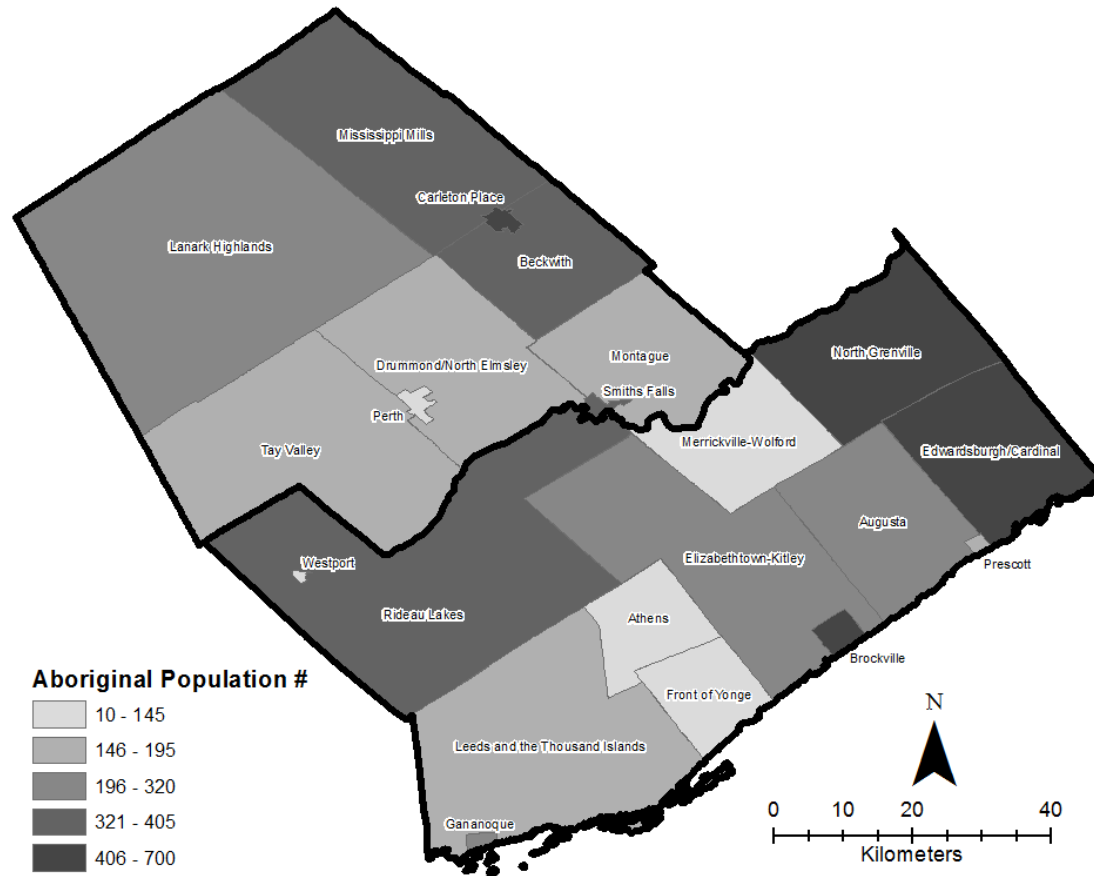
Introduction/Methodology

- Indigenous community engagement specifically mentioned in the OPHS in terms of health equity.
- This is a sizeable population in LGL.
- Demographic and health data obtained from 2016 Census of Canada and combined cycles of the Canadian Community Health Survey 2010-2014 (Statistics Canada).
- Term ‘indigenous’ refers to whether a person identified as being First Nations (North American Indian), Métis or Inuk (Inuit) in the Census or CCHS.



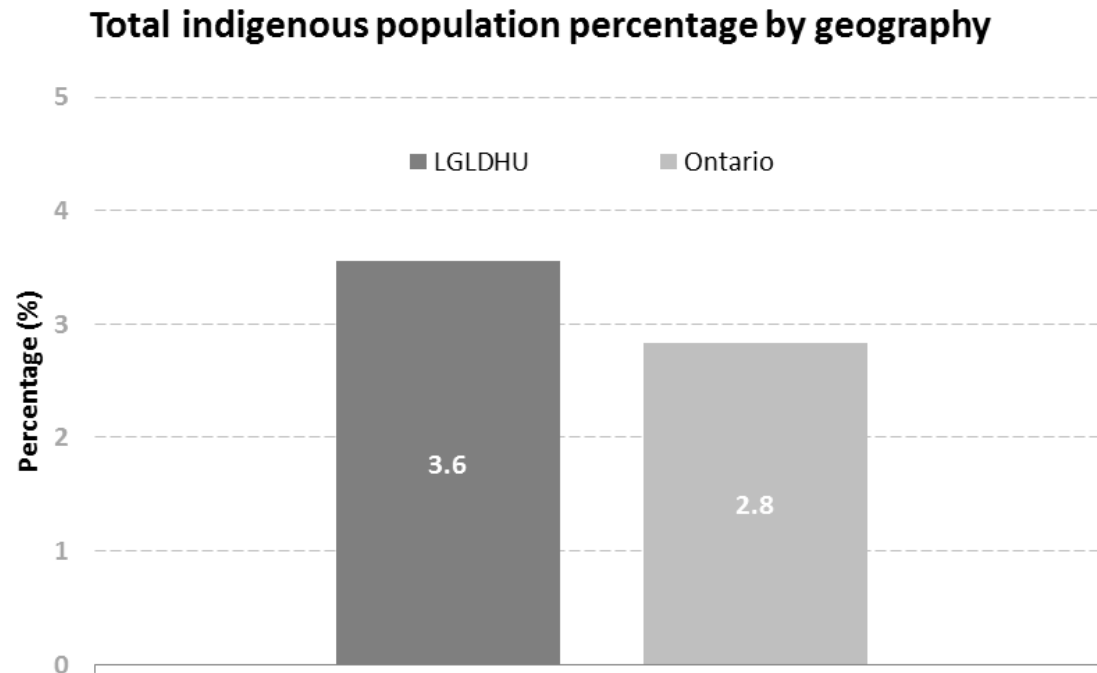
Demography

- Counts of indigenous population by municipality in LGLDHU.



Demography

- Percentage of indigenous population to the total population of LGLDHU (n=6020) and Ontario overall.

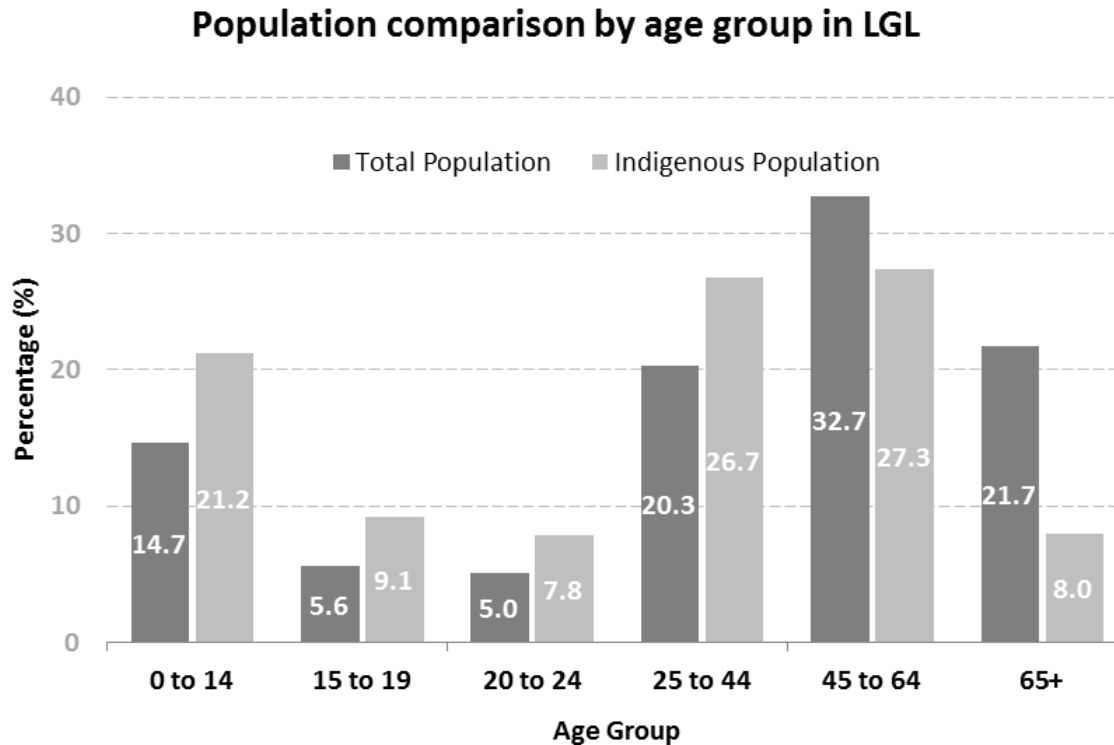


Source: Statistics Canada, Census 2016.



Demography

- Comparison of overall population in LGLDHU and that of the indigenous population by age distribution.

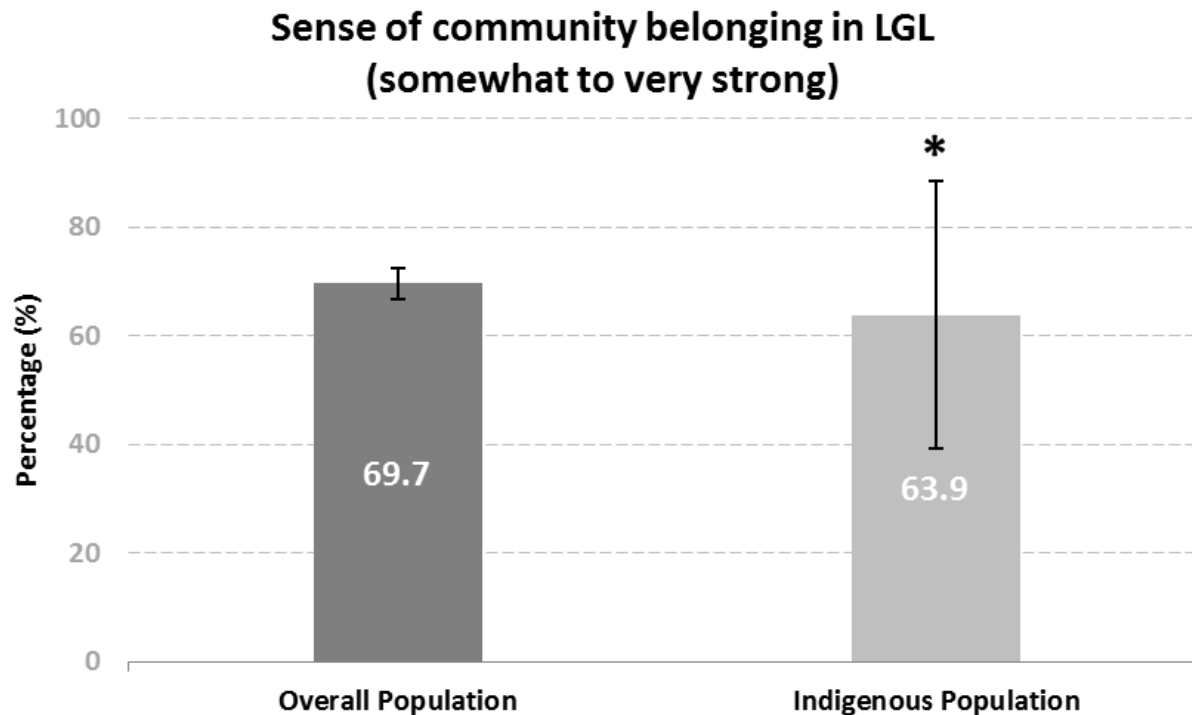


Source: Statistics Canada, Census 2016.



Healthy Living Indicators

- Comparison of overall population in LGLDHU and that of the indigenous population by sense of community belonging.

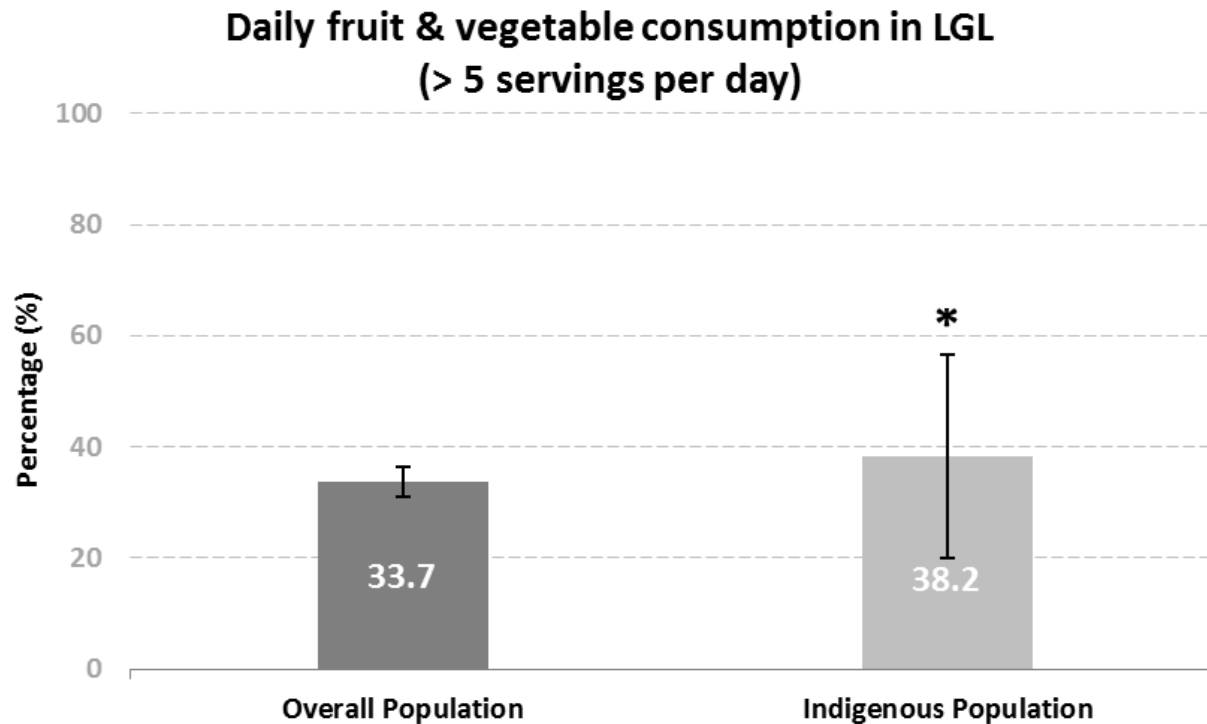


Source: CCHS 2010-2014. Share File, Ontario MOHLTC.



Healthy Living Indicators

- Comparison of overall population in LGLDHU and that of the indigenous population by healthy eating status.

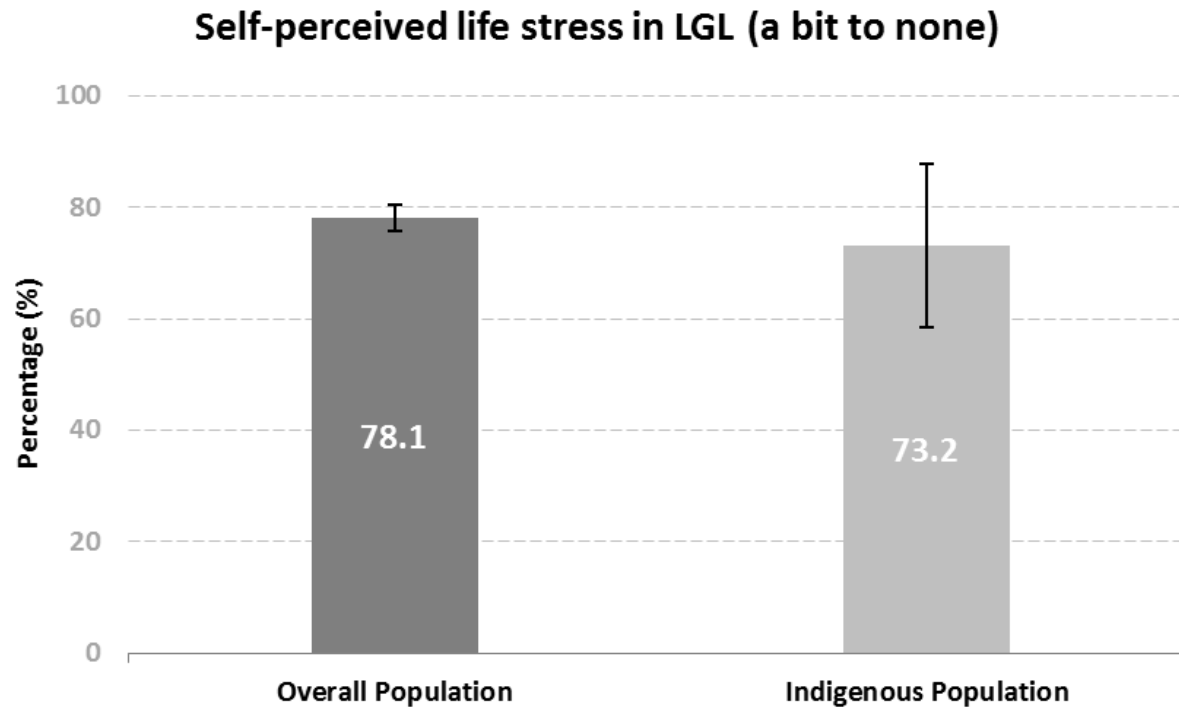


Source: CCHS 2010-2014. Share File, Ontario MOHLTC.



Healthy Living Indicators

- Comparison of overall population in LGLDHU and that of the indigenous population by lack of life stress.

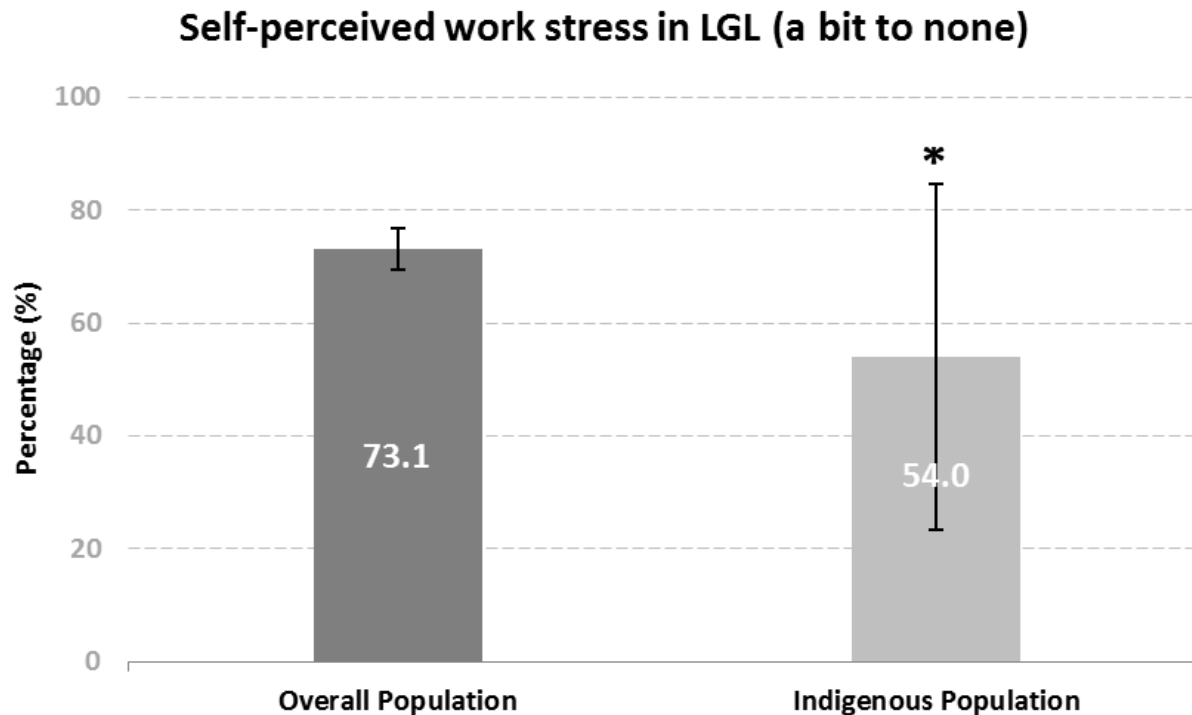


Source: CCHS 2010-2014. Share File, Ontario MOHLTC.



Healthy Living Indicators

- Comparison of overall population in LGLDHU and that of the indigenous population by lack of self-perceived work stress.

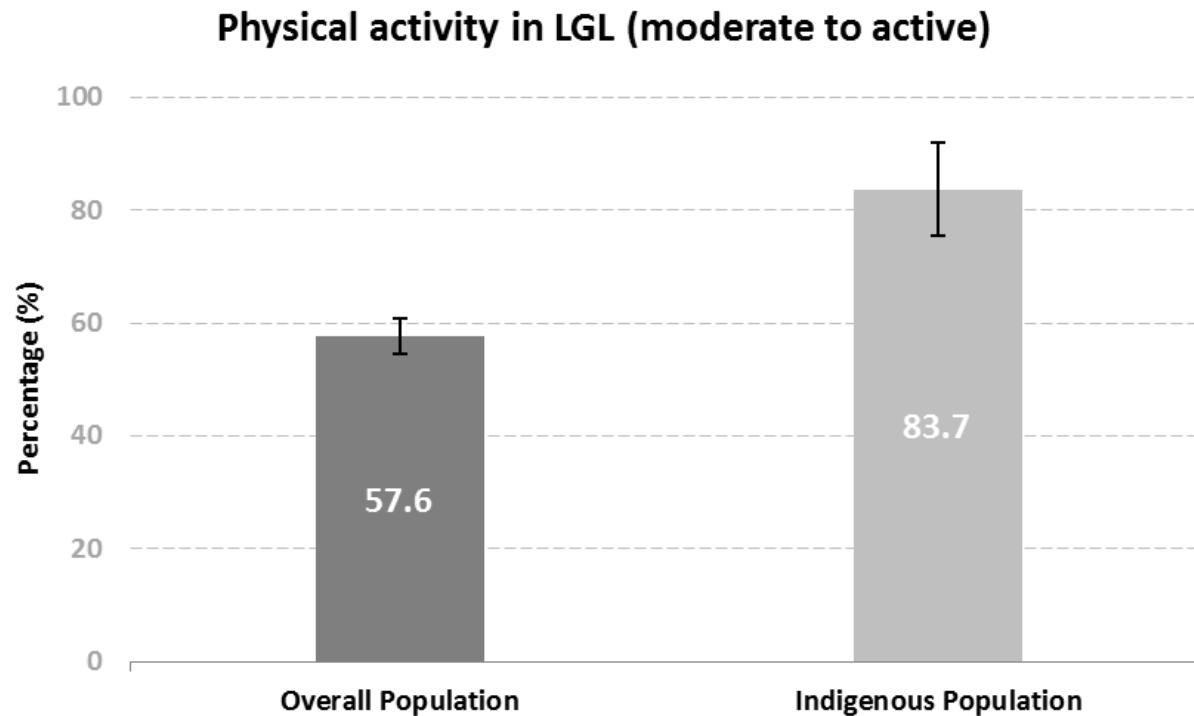


Source: CCHS 2010-2014. Share File, Ontario MOHLTC.



Healthy Living Indicators

- Comparison of overall population in LGLDHU and that of the indigenous population by daily leisure time physical activity levels.

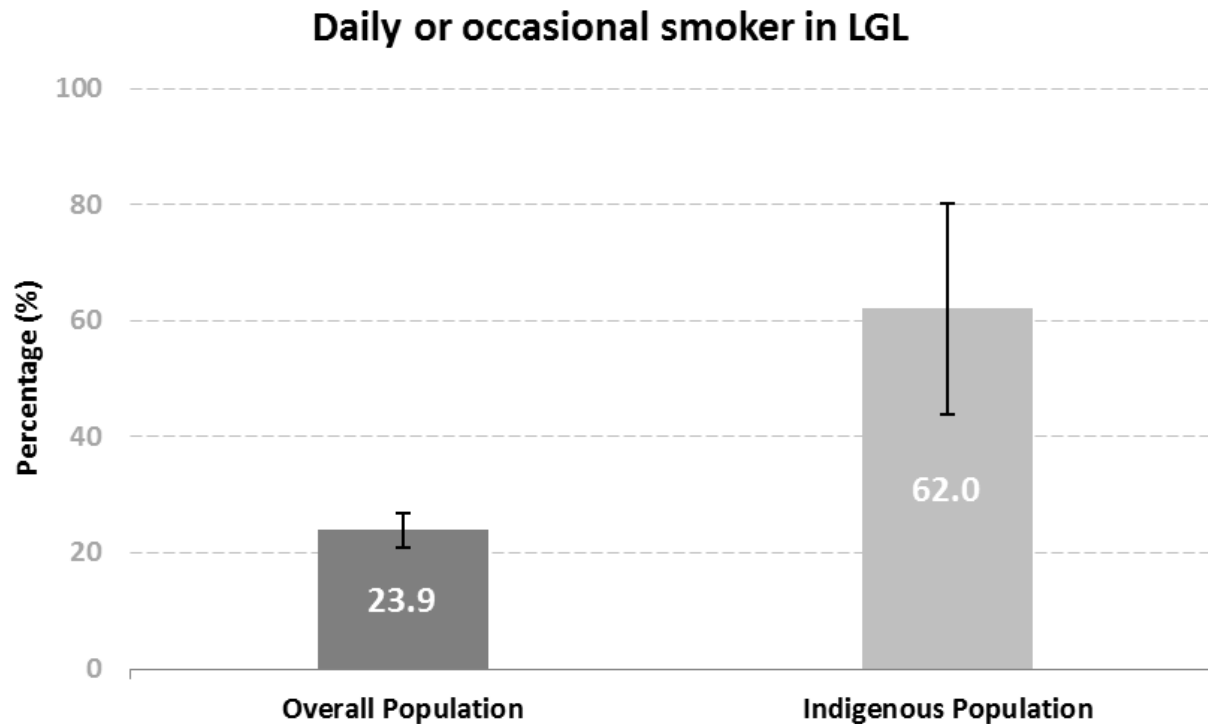


Source: CCHS 2010-2014. Share File, Ontario MOHLTC.



Healthy Living Indicators

- Comparison of overall population in LGLDHU and that of the indigenous population by smoking status.

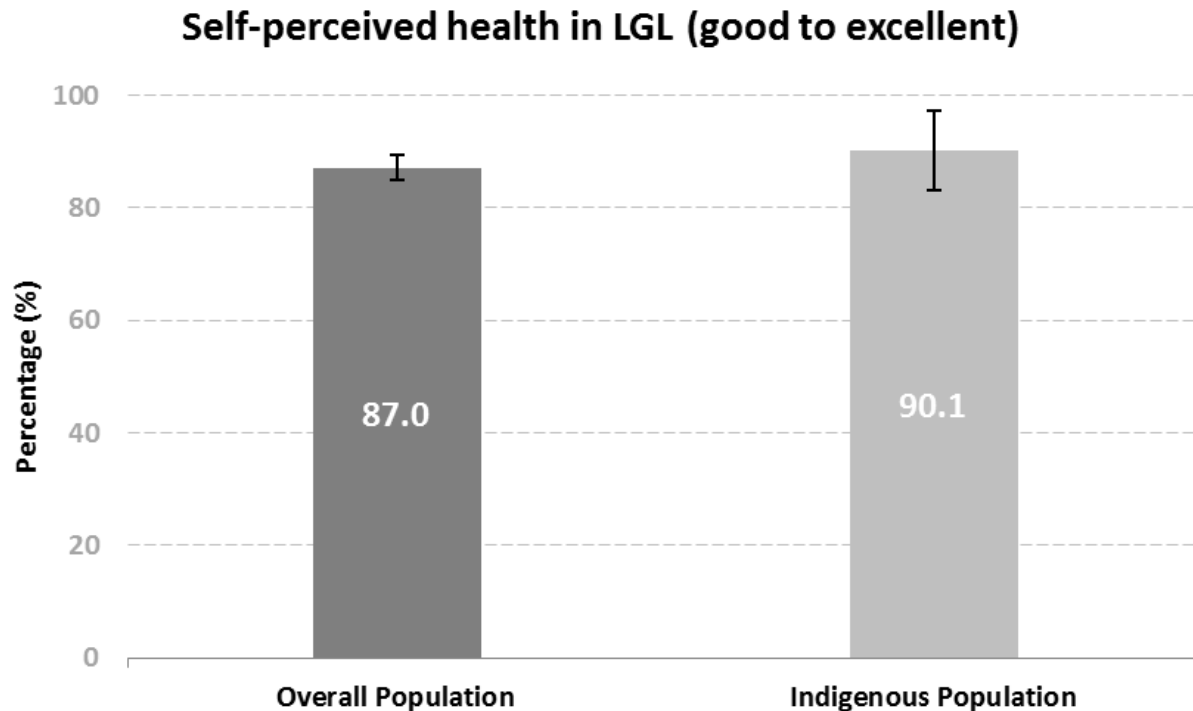


Source: CCHS 2010-2014. Share File, Ontario MOHLTC.



Health & Chronic Disease Indicators

- Comparison of overall population in LGLDHU and that of the indigenous population by self-perceived health.

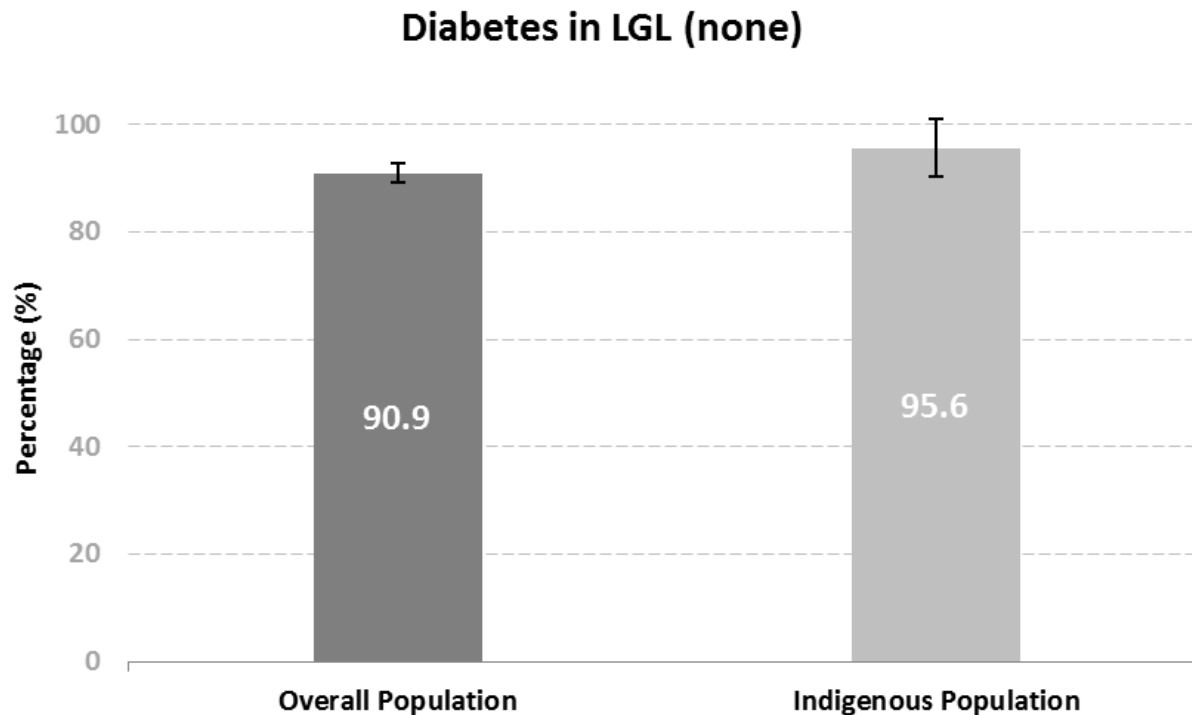


Source: CCHS 2010-2014. Share File, Ontario MOHLTC.



Health & Chronic Disease Indicators

- Comparison of overall population in LGLDHU and that of the indigenous population by lack of a diabetes diagnoses.

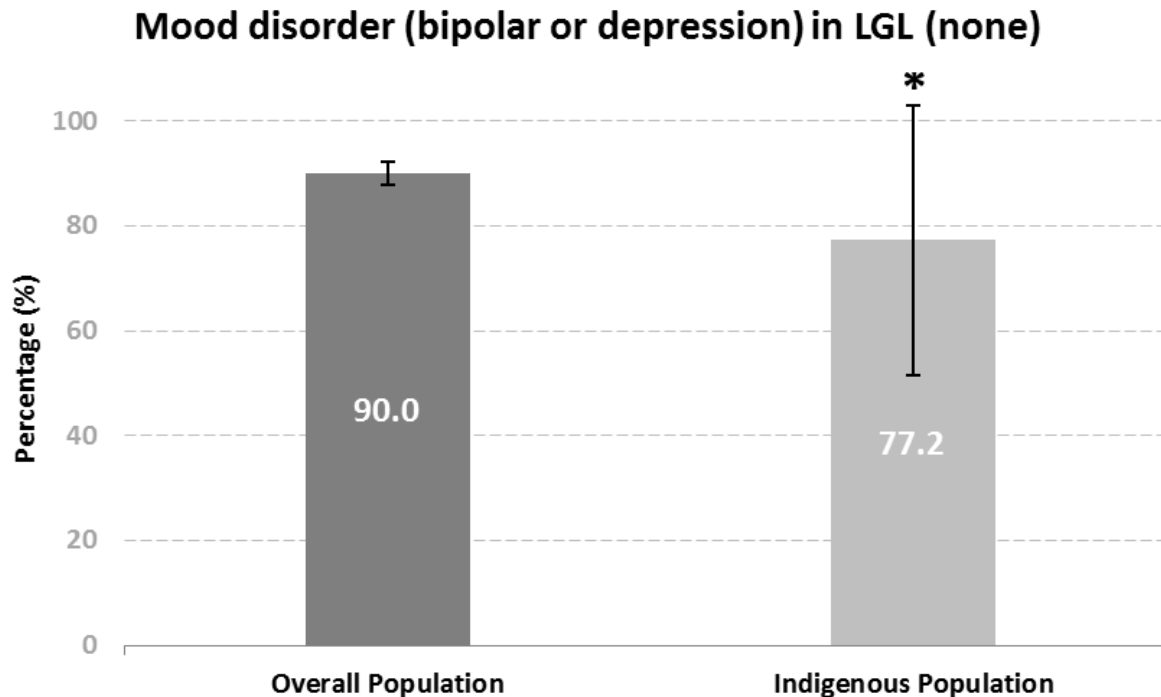


Source: CCHS 2010-2014. Share File, Ontario MOHLTC.



Health & Chronic Disease Indicators

- Comparison of overall population in LGLDHU and that of the indigenous population by lack of a mood disorder diagnoses.



Source: CCHS 2010-2014. Share File, Ontario MOHLTC.



Summary/Conclusions

Indicator	Difference Observed
Sense of community belonging	↓ For indigenous population
Daily fruit & veg consumption	↑ For indigenous population
Daily leisure time physical activity*	↑ For indigenous population
Smoking status*	↑ For indigenous population
Self-perceived life/work stress	↑ For indigenous population
Diabetes diagnosis	↓ For indigenous population
Mood disorder diagnosis	↑ For indigenous population



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