

Protect Your Child's Smile with Fluoride Varnish



What is fluoride varnish?

Fluoride varnish is a professionally applied, sticky, paint-on gel that protects the teeth from cavities.

Why is fluoride varnish used?

Fluoride varnish can help to stop small cavities from getting larger and prevent new cavities from forming. Tooth decay, or cavities can cause pain and infection for your child.

How is fluoride varnish applied?

Fluoride varnish is easily painted on the teeth with a small brush. It is quick, painless, and recommended for children of all ages that are at risk for cavities (even infants).



Baby Teeth are Important!

Children keep some baby teeth until age 10 to 12. Healthy baby teeth help your child to speak clearly, chew properly and smile brightly.



For more information,
call the Health Action Line
1-800-660-5853
or visit our website
www.healthunit.org