What area is the

client from?

LEEDS & GRENVILLE

Treatment Centres

Tennant House/Brock Cottage

- -Live in
- -Detox before entry
- -Tennant House Women only (19 yrs -older)
- -Brock Cottage Male only (19 yrs-older)
- -Must complete assessment with LLGAMH in the outpatient centre first
- -Phone (613)342-2262 or 1-800-361-6948

Newgate 180 (\$)

- -Live in men and women (30 days)
- -11 months of follow up
- -Detox before entry (72 hours prior)
- -Screening is done in person or
- over the phone -Private
- -Phone (613) 269-2672 or
- 1-888-542-8333

Maintenance

Change Health Care

- -Change Health Care Brockville
- -Open 7 days a week
- -Methadone & Suboxone
- -Phone (613) 423-2424

- -Gananogue Lanark, Leeds & Grenville
 - -Monday 9am-3pm
- -Case management
- -Counselling
- -Housing
- -24/7 Crisis Line 1-866 281-2911
- -Phone (613) 342-2262 or
- 1-866 499-8445

Methadone/Suboxone

- dispensing location

Solutions Health Care

- **Addictions & Mental Health** Tuesday 9am-5pm
- -Community addiction services Wednesday 9am-1pm
 - Thursday 8:30am-3pm
 - Friday 9am-3pm
 - -Doctor available on Tuesdays and Thursdays
- - -Not a dispensing clinic -Phone (613) 382-4255

Lanark, Leeds & Grenville **Addictions & Mental Health**

- Case Management
- -9:00am 4:00pm
- -Monday Kemptville
- -Tuesday Gananoque
- -Wednesday Prescott -Thursday - Delta
- -8:30am-4:30pm -offered Brockville, Kemptville, Smiths
 - Falls, Gananoque, Prescott, Delta

-Rapid Access - Counselling

-Phone 1-866 499-8445

-by appointment only, can call and book 24-48 hours before

-https://llgamh.ca/open-access-days.php

For any Child or Youth Program

Please refer to the Smart Works Resource Binder

12 Step Programs

- -Serving LGL area
- -www.lanarkleedsaa.org
- -Phone 1-855-267-2696

- -Find schedule on website
- -Phone 1-888 811-3887

Methadone/Suboxone Maintenance

Change Health Care

- -Methadone/Suboxone dispensing location
- -Smiths Falls open 7 days a week
- -Carleton Place open 2 days a
- -Phone SF (613) 283-0359
- -Phone CP (613) 492-3222

Treatment Centres

Social Services – Lanark County

LANARK

- -Available to individuals receiving social assistance
- -Addiction counsellor
- -Phone 1-888 952-6275

Lanark County Mental Health

- -Smart Recovery
- -Addressing substance use
- -Males & females over 18 years -Smiths Falls Phone (613) 283-2170
- -Carleton Place (613) 257-5915

Lanark, Leeds &

Grenville Addictions & Mental Health

- -Community addiction
- services -Case management
- -Counselling
- -Housing
- -24/7 Crisis Line 1-866 281-2911
- -Phone (613) 342-2262 or
- 1-866 499-8445

Kingston

Addictions & Mental Health Services – KFLA

- -24/7 Crisis phone line 613-544-4229
- -Mental health & addictions
- -Court support
- -Housing
- -Family resource centre
- -Phone (613) 544-1356
- -Locations across KFL&A

Kingston Withdrawal Management Services

- -Hotel Dieu Hospital
- -NON-medical withdrawal assistance -16 yrs and older
- -Health card required
- -Phone 1-888 795-6688

The Salvation Army Kingston – Harbour Lights

- prior)
- -Phone (613) 546-2333

Mental Health (\$)

- -Phone (613) 546-4266

- -Live in
- -Detox before entry (72 hours
- -Men's emergency shelter
- -Access to a chapel

Centre for Addictions &

- -Medically assisted detox -24 hour clinical care
- -Live in

Alcoholics Anonymous

- -Find schedule on website

Narcotics Anonymous

- -Serving the LGL area
- -www.orscna.ca

Ottawa

- **Royal Ottawa Mental Health-Opioid Intervention** -12 bed detox — opioid users
- -Counselling
- -Inpatient/outpatient
- -Phone (613) 722-6521 ex 6224 (Leanne)

The Royal Ottawa Mental Health Centre

- -12 bed detox
- -Trained detox staff
- -opiod intervention -(613) 722-6521 ex 6508

Ottawa Withdrawal Management Centre

- -Detox before entry
- -Residential treatment
- -Day and community treatment (must live in Ottawa)
- -Phone (613) 241-1525

Cornwall

Cornwall Withdrawal Management Services

- -Services provided in most suitable setting
- -Supportive client-centred

-Phone (613) 938-4240

For more information

Rideauwood Addictions and Family Services

- -10 day treatment
- -Aftercare
- -Family counselling -Phone (613) 724-4881

Amethyst Women's Addiction Centre

- -Outpatient (need to be a resident in Ottawa)
- -Relapse prevention -Sexual abuse support
- -Phone (613) 563-0363 **Dave Smith Youth Treatment Centre**

-Live-in (male in Carleton Place and female in Carp)

-13-21 yrs old

-Voluntary

-Phone (613) 594-8333

s mart work s



3327 ID Feb 2020

call 1-800-660-5853 or visit www.healthunit.org