

CALLING ALL CREATIVE KIDS!

2017 Infection Control Campaign for Young Artists and Writers

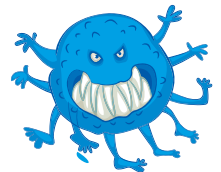
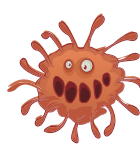
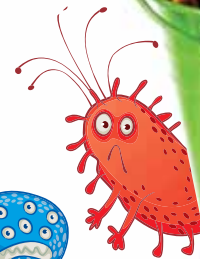
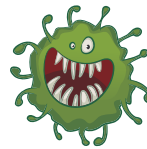
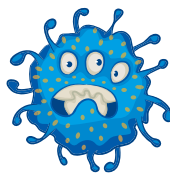
Draw a picture, design a poster or write a story about keeping healthy!

The Leeds, Grenville and Lanark District Health Unit invites all children JK to grade 8 to help build a local campaign to say "NO!" to germs and "YES!" to being healthy! This involves ideas like washing your hands (to wash away germs), covering your cough or sneeze (sleeve sneezing or using a tissue), getting vaccines or shots (to help prevent illness), and other ways of staying healthy (being physically active, eating healthy foods and getting enough sleep).



Here are a few ideas:

- **Draw** icky germs on dirty hands!
- **Make a poster** with tips for what to do if someone coughs on your toy. Yuck!
- **Write** Write about a classroom where you are sharing books and toys, when, one day, your best friend gets sick. What happens? Does she or he go home or to the Doctor or Clinic? Do you wash your hands?
- **Make a drawing** of yourself getting a flu vaccine!
- **Design a comic book** of everything "germy" you might touch in a day.



Adapted with permission from the Pennsylvania Department of Health Get Smart Program

Deadline for submissions is November 10, 2017.

Submissions will be posted on the Leeds, Grenville and Lanark District Health Unit website and social media sites after November 20th, 2017.



For more information
Call 1-800-660-5853
or visit healthunit.org

